



Adult Swimming Lessons

Adult swimming lessons are offered to any person over the age of 18 who is interested in learning the basic fundamentals of swimming. This class is appropriate for a beginner who has little to no experience in the water. It is also appropriate for a person who is comfortable in the water, but wants to learn proper technique.



Adult Lesson Information:

One session will be offered: June 30 - July 28

Days: Tuesdays and Thursdays evenings

Time: 5:00-6:00 pm

Location: Centennial Pool

Cost: \$20.00 per person

For more information please call the Nashua Parks and Recreation Office at 589-3370.

Checks made payable to "City of Nashua" and must be separate from all other payments!!

SWIMMER #1 NAME: _____ DATE OF BIRTH ____/____/____

ADDRESS _____ EMAIL ADDRESS _____

HOME PHONE _____ EMERGENCY PHONE _____

ALLERGIES OR MEDICAL CONDITIONS _____

SWIMMING ABILITY: _____

SWIMMER #2 NAME: _____ DATE OF BIRTH ____/____/____

ALLERGIES OR MEDICAL CONDITIONS _____

SWIMMING ABILITY: _____

SWIMMER #3 NAME: _____ DATE OF BIRTH ____/____/____

ALLERGIES OR MEDICAL CONDITIONS _____

SWIMMING ABILITY: _____